

Indoor Air Quality Occupant Interview

Building Name: _____ Work Location Room No(s): _____
 Completed by: _____ Title: _____
 Date: _____

SYMPTOM PATTERNS

What kind of health concerns or discomfort are you experiencing?

- | | | |
|--------------------------|-------------------------|-------------------------|
| ___ headache | ___ breathing problems | pain and discomfort in: |
| ___ nausea | ___ coughing | ___ back |
| ___ dizziness | ___ sneezing | ___ neck |
| ___ tiredness | ___ wheezing | ___ hands |
| ___ irritation of throat | ___ sinus congestion | ___ shoulders |
| ___ irritation of eyes | ___ shortness of breath | ___ wrist |
| ___ irritation of nose | ___ blurred vision | ___ joints |
| ___ skin irritation | | |

Other: _____

Are you aware of other co-workers with similar health concerns? Yes _____ No _____

Do you have any health conditions that may make you particularly susceptible to environmental problems? (i.e. contact lenses, asthma, allergies, etc.) Do not answer this if you are not comfortable.

TIMING PATTERNS

When did your symptoms start?

____ mornings ____ afternoons ____ all day long ____ no noticeable patterns

Do they go away? If so, when?

When are they generally worse? (i.e. seasonal, certain days of the week)

Have you noticed any other relevant events (such as weather events, temperature or humidity changes or activities in the building) that tend to occur around the same time as your symptoms?

SPATIAL PATTERNS

Where do you spend most of your time in the building?

How long have you been at the current work location?

When did you first notice these health concerns?

Where are you when you experience health concerns or discomfort?

____ in my work area ____ in the lavatory ____ in the lounge ____ in the office
____ no particular place ____ other: _____

When do you experience these health concerns?

___ only at work ___ at home and work

ADDITIONAL INFORMATION

Do you have any observations about building conditions that might need attention or might help explain your health concerns?

- | | | |
|-----------------------------|-----------------------------------|---------------------------|
| ___ air circulation | ___ temperature | ___ foul odours |
| ___ drafts | ___ humidity | ___ water damage |
| ___ humidifier/dehumidifier | ___ noise | ___ irritants in air |
| ___ air conditioning | ___ illumination/lighting | ___ outdoor contaminants |
| ___ machinery/equipment | ___ smoking | ___ overcrowding |
| ___ renovations | ___ new carpeting, furniture | ___ perfumes/deodourizers |
| ___ particulates, dust | ___ cleaning and maintenance | ___ carpet, draperies |
| ___ chemicals used | ___ plants or animals in the room | |
| ___ other _____ | | |

Have you sought medical attention for your health concerns?

___ No ___ Yes What did the doctor say? _____

Have you had to leave work early or miss work because of your health concerns?

___ No ___ Yes How many times in the past month? ___
 How many days were you away from work? ___

Do you have any other comments?
